

# Our Lady of Fatima Church

153 Woodroffe Avenue, Ottawa, Ontario K2A 3T8

Phone 613 722-7661 Fax 613 722-6406

info@fatimaparish.ca www.fatimaparish.ca



## SUNDAY MASSES

Sat 4:30pm, Sun 8:30am, 10:00am, 11:30am

WEEKDAY MASSES Mon-Sat 9:00am

## CONFESSION

Monday - Saturday 8:15am - 8:45am

Saturdays from 3:45pm

BAPTISMS 1st weekend of each month

## OFFICE HOURS

Mon-Wed 9:00am-3:00pm

Thurs-Fri by appointment

To view livestreamed Mass,  
click on red button at [www.fatimaparish.ca](http://www.fatimaparish.ca)

## SCHOOLS

Our Lady of Fatima

Kevin Shannon, Principal 613-722-4075

Dr. F.J. McDonald

Catherine Gasper, Principal 613-829-3878

Notre Dame High School

Jean-Paul Cloutier, Principal 613-722-6565

## PASTORAL TEAM

**Pastor:** Rev. Lindsay Harrison **Priest Collaborator:** Rev. Onmeje John Ogbaje

**Office Manager:** Karen Bourgon **Assistant Office Manager:** Irene Kibel **Administrative Assistant:** Teresa Hurley

**Maintenance:** Stan Bielec **Chair, Pastoral Council:** Edna Cromwell

**Chair, Finance Council:** Paul Hession **Chair, Liturgy:** Brendan Devine

## MINISTRIES

Altar Guild	Susan Albert	613-722-7661
Altar Servers - Junior	Edna Cromwell	613-979-4295
Altar Servers - Adult	Edna Cromwell	613-979-4295
Aux. Ministers of Holy Eucharist	Heather Provick	613-715-2012
Baptism - Infant/Child	Loretta Fitzpatrick	613-878-4565
Catholic Women's League and Milk Mat Ministry	Jennifer Jones	613-894-0307
Children's Sunday Liturgy	Ursula Ferraro	613-722-7661
Christian Meditation	Theresa Ziebell	613-722-1693
Cursillo Representative	Bernie Reilander	613-222-6351
Development and Peace	Agnes Gwyn	613-728-8233
First Sunday Prayer Group	Helena Francisco	613-291-4189
Funeral Team	Parish Office	613-722-7661
Knights of Columbus	Doug McKenzie	613-808-5176
Ladies of Fatima	Rosalie McDonell	613-828-5166
Lectors	Michelle Denison	613-820-4453
Library	Parish Office	613-722-7661
Marriage Preparation	Parish Office	613-722-7661
Ministers of Hospitality	Debbie Allen	613-820-4149
Music Ministry:		
Sat 4:30pm Choir and Funeral Choir	Peter Domitrovits	613-695-3907
Sun 8:30am/10:00am/11:30am Choir	Joanne Parenteau	613-297-8257
Ottawa West Community Support	Chris Sandes	613-866-7618
Pastoral Care	Parish Office	613-722-7661
Pro-Life	Donna O'Connor	613-829-5761
RCIA (Rite of Christian Initiation of Adults)	Parish Office	613-722-7661
Sacramental Preparation for children in public school	Michelle Denison	613-558-4453
Sacristan	Brendan Devine	613-725-5967
Seniors/Young at Heart Card/Board Game Group	Anna Bevilacqua	613-596-3472
St. Vincent de Paul	Parish Office	613-722-7661
To donate articles call the store at		613 722-7166

## THE EIGHTH SUNDAY IN ORDINARY TIME

**Mass is livestreamed each Saturday at 4:30pm and may also be viewed anytime afterwards. Please click on the link on our website [www.fatimaparish.ca](http://www.fatimaparish.ca) as we celebrate Mass together.**

### Saturday, March 1, 2025

- 9:00 am Soul of Guido Crapigna and All Souls Living and Deceased by Suzanne Crapigna  
4:30 pm Soul of Ray Mulvihill by Ted O'Lear

### Sunday, March 2, 2025

- 8:30 am For all Parishioners  
10:00 am Intentions of Lindsay and Charles Campbell by Rosalie O'Connor  
In thanksgiving by Rosalie O'Connor  
For blessings upon Gemma O'Sullivan by Joanne Parenteau  
Intentions of Monica Sorrenti and the Sorrenti Family by Rosalie O'Connor  
Soul of Eleanor Cavanagh by Betty Smith  
Mass of Thanksgiving by Miguel Pascua  
Souls of Florencio, Lorenza, Rosa and Efrénio Espiritu by Miguel Pascua  
Souls of Manuel, Juana and Tranquilina Pascua by Miguel Pascua  
Birthday blessings for Roberto Flores by the Flores Family  
Birthday blessings for Cresilda Metiam By the Flores Family  
11:30 am Soul of Estrella Legaspi by Alfredo Legaspi  
Soul of Elizabeth Adibe on the 10<sup>th</sup> anniversary of her death by Michael Adibe  
Soul of Chad Henry  
For blessings upon Dianna Parenteau by Joanne Parenteau  
For the health and benefit of John McDonell by the Family

### Monday, March 3, 2025

- 9:00 am Anniversary Mass for Gerald Soto by Olivia Gomez

### Tuesday, March 4, 2025

- 9:00 am Birthday blessings for Stephanie Gooneratne by her parents

### Wednesday, March 5, 2025

- 9:00 am  
4:30 pm  
7:00 pm

### Thursday, March 6, 2025

- 9:00 am In loving memory of Charlie Laderoute on his birthday by June and Family

### Friday, March 7, 2025

- 9:00 am

### Saturday, March 8, 2025

- 9:00 am Soul of Paul Strittmatter by the Strittmatter Family  
4:30 pm Soul of Patricia Wickham by Brideen Kane

### Sunday, March 9, 2025

- 8:30 am For all Parishioners  
10:00 am Soul of Maria Ficara by the Family  
Soul of Carol Bell and the living and deceased members of the Bell family by Rosalie O'Connor  
Intentions of Lindsay and Charles Campbell by Rosalie O'Connor  
Intentions of Zerit, Natsnet and Family by Rosalie O'Connor  
Soul of Elena Mangaring Lustado By Lourdes Mangaring  
Prayers of thanksgiving & blessings received and Souls of Saturnino, Agustina, Arturo, Rosela, Teresita & Roberto By Rebecca & Patrick Henry

- 11:30 am Soul of Estrella Legaspi by Alfredo Legaspi  
Soul of Shannon McKinlay-Key by Betty Lortie

**PARISH OFFICE: open Monday to Wednesday 9am-3pm.** We are also happy to assist you by phone or e-mail. Please leave a message at 613-722-7661x2 or [info@fatimaparish.ca](mailto:info@fatimaparish.ca). For pastoral needs contact Father Lindsay Harrison at 613-722-7661x3 or [pastor@fatimaparish.ca](mailto:pastor@fatimaparish.ca).

**Pregnant? Need Help? Contact BIRTHRIGHT 613-231-5683**



Barry Burns, Steve Chapman, Sue W., Pat McGrath, Bruno B., Debbie S., Valerie O, Betty, Paula, Parker Scissons, Andrea, Emilia Bernabey, Caceres Family, Allan Kelly, Remedios Balgos, Lilia Galla, Jinette Bergeron, Mirsada Redzic, David (Huso)

Redzic, Nikad Redzic, Mariless Tamara, Pedro and Dolores Valdez, Cecile Pilon, Linda Pilon, Diane Paulozza, Carol Louis-Seize, Derek Jones, Mary Killen, Chris Marleau, Lisa Carter, Kim Vardon, Catherine Levasseur, Lance Carter, Grace Schultz, Adelaida Mercado, Danilo Gomez, Elena Aguirre, Richard, Juanito Soto, Omar Diallo, Carol Giampaolo, Patricia Tolgyesy, Toni Kramar, Jean Marc Danis, Joan & Gerry Comba, Rosie Ocampo, Amanda Lewis, Julie Larocque, Josefina Manalo, Tyler Bell, Matthew, Ellen Flores, Dan Murray, Wanda, Ron Messett, Lilia Legaspi, Marissa Maristela, Angela Beimers, John McDonell, Helen Deek. **If you wish to add prayers to the prayer list, please do so by calling the parish office at 613-722-7661, or email [info@fatimaparish.ca](mailto:info@fatimaparish.ca).**

**ASH WEDNESDAY IS MARCH 5<sup>TH</sup>:** We will be having masses with distribution of ashes at 9:00am, 4:30pm and 7:00pm. There will be our Pauper Supper of homemade soups in the Hall beginning at 5:00pm. Ash Wednesday is a day of fasting and abstinence. See the canonical requirements for fasting and abstinence in this bulletin.

**FASTING & ABSTINENCE DURING LENT:** Ash Wednesday and Good Friday are days of fasting *and* abstinence. All Fridays in Lent are days of abstinence. Everyone 14 years of age and older is bound to abstinence from meat on Ash Wednesday, all the Fridays in Lent, and Good Friday. Everyone 18 or older, and under 60 years of age, is bound to fast on Ash Wednesday and Good Friday. It is considered fasting if in a day you only have one full meal and two other meals that combined do not equal a full meal. Eating between meals on fast days is not permitted. When health or ability to work would be seriously affected, the regulations do not apply.

**SUGGESTIONS FOR LENT:** Lent is a sacred penitential season with the intention of drawing closer to God. It begins Ash Wednesday. This year consider doing something special to make it more meaningful. Here are some suggestions from which to choose. Some you may already be doing. If so then consider adding another practice just for Lent!

- Pray the Rosary daily. Individually or as a couple/family.
- Go to daily Mass. We have Mass at 9:00am Monday to Saturday.
- Do a daily Holy Hour. We have one from 8:00am till Mass, Mon.-Sat.
- Participate in the Stations of the Cross. Here every Friday during Lent at 9:30am.
- Attend our Lenten Mission. With Fr. Allen MacDonald, CC, March 24-26 at 7:00pm.
- Read the Bible daily for 15 minutes. Begin with the Gospels.
- Abstain from meat on Fridays. And maybe add Wednesdays too!
- Choose small sacrifices at meals, such as drinking water instead of juice, coffee or tea, skipping dessert, or abstaining from snacks between meals.
- Restrict your time on social media. Cut it by at least half if not more.

- Dedicate time to silence by turning off music, podcasts, television and using that time for reflection or prayer. We have a Meditation group every Saturday at 9:45am in the lower room.
- Spend time helping others through charitable acts or community service. Volunteer at our Coffee Sunday.
- Put aside some money each day to donate to a charity.

These practices can help deepen your faith and prepare you spiritually for Easter.



#### PAUPER'S SUPPER ASH WEDNESDAY:

Please join us for our annual Ash Wednesday Pauper's Supper in the Parish Hall on **March 5th** following the 4:30pm Mass. The Ladies of Fatima serve a simple but hearty meal of homemade soup and rolls to begin the Lenten

fasting season. This simple, delicious meal offers a time of reflection and fellowship as we enter one of the holiest times in the church calendar. Please join us after the 4:30pm Mass to 7:00pm. Good will donations are gratefully accepted.

**THE WAY OF THE CROSS:** Members of our Knights of Columbus and Catholic Women's League will lead The Way of the Cross **every Friday morning right after the 9:00am Mass during the Lenten season.** We ask you to please join us as part of your Lenten activity.

**PARISH RECONCILIATION SERVICE IN LENT:** Our parish Reconciliation Service in Lent will be held on **Wednesday, April 2nd** beginning at 7:00pm. There will be a number of priests available for individual confession. It is greatly encouraged to go to Confession during Lent, especially if it has been quite some time since your last Sacramental Confession.

**FROM THE RCIA CORNER:** On the first Sunday in Lent the Church across the world gathers to celebrate the readiness of catechumens and candidates to take the next step on the road to Easter sacraments. It is a special and powerful liminal moment. In our archdiocese the archbishop will gather all seekers on Sunday afternoon **March 9th at 2:30pm** at the cathedral. He will recognize our three candidates for Full Communion with the Catholic Church, Anjola, Careen and Majella for the Rite of Reception at the Easter Vigil. They receive a special blessing as they prepare their hearts to make a profession of faith, just before being confirmed and begin to share in the Eucharist with us. Please continue to pray for them and, if possible, plan to attend.

**CHRISTIAN MEDITATION MEETING:** **Every Saturday** at 9:45am there is an opportunity to gather for Christian Meditation in the lower room. All are welcome.

**HEALING SERVICE WITH MASS** on **Friday, March 7, 2025** at St. Augustine's Church. 6:00pm: Confessions, 7:00pm: Mass, 7:30-9:00pm Healing Service and 9:00pm Individual Prayer. Visit [www.peopleofjoy.ca](http://www.peopleofjoy.ca) for more information.

**PILGRIMAGE WITH DEACON VICTOR:** Join us on a spiritual journey through the Jubilee Year and holy sites with Deacon Victor Mesta (of St. John the Apostle Parish) on YouTube. <https://www.youtube.com/@pilgrimingwithdeaconvictor>

**PILGRIMAGE TO FRANCE, SPAIN AND PORTUGAL** with Fr. Paul Nwaeze. Full day in Fatima, Lourdes and Barcelona. **September 15-26, 2025.** Cost: \$4,990. For more information contact Stan (ext. 339) or Alex (ext. 317) at International Heritage Tours (647-463-9057). See bulletin board for more information.

**HOLY YEAR EUROPE TOUR** with Fr. Glicerio Jimenez from **September 1-16, 2025.** The tour includes entering the Holy Door (open for only one in every 25 years), audience with the Pope, visits to Basilicas, castles, and the Infant Jesus of Prague Shrine. The tour includes travel to Italy, Switzerland, France, Germany, Luxembourg and Czechia. For more information call 613-874-0111.

**PROJECT RACHEL AT ST. MARY'S REFUGE** is offering a weekend retreat, **May 2 - 4, 2025**, for women who have been hurt by abortion. You can speak with someone who understands and cares and have a chance to begin the healing from loss and grief. E-mail [ProjectRachel@stmarysrefuge.org](mailto:ProjectRachel@stmarysrefuge.org) or phone 289-691-6840.

**THE SPIRIT IN THE DESERT WORKSHOP:** Join us as we go deeper with the Holy Spirit to allow him to empower our growth, our witness, and our service within the community. This energizing five evening workshop is aimed at opening hearts to the transforming power of the Holy Spirit in our lives as we walk with Him through Lent. Where: St. Maurice Church 4 Perry St. When: **March 13, 20 & 27, April 3rd, 10th from 7:00-8:30pm.** For more information, please contact Antonella at 613-668-2400 or email [mommycouse@gmail.com](mailto:mommycouse@gmail.com).

**SET FREE PROGRAM OF DAILY REFLECTION:** This Lent consider participating in a program of daily reflection on overcoming the Seven Deadly Sins and the corresponding virtues. Do you approach the Sacrament of Reconciliation only to discover a month later that you are facing the same sins and weaknesses? Fr. Josh Johnson offers a daily reflection, scripture, prayer, simple fasts and practical suggestions to help conquer sin and root it out at its source. Full information is available on the free Ascension app. You are invited to a weekly Zoom gathering held on **Thursday evenings from 7pm to 8pm** beginning **March 6** where we will share our experience and support one another on our Lenten journey. Please contact Bonnie Kirk at 613 880 2151, [bkirk920@gmail.com](mailto:bkirk920@gmail.com) for more information or to request the Zoom link.

**INVITATION TO JOIN ROME PILGRIMAGE FOR THE JUBILEE 2025:** The Ottawa Youth Jubilee diocesan pilgrimage group (Archdiocese of Ottawa-Cornwall) is organizing a pilgrimage to Rome for the Jubilee in July, 2025 (July 27 – August 6). This pilgrimage is primarily aimed at young adults (ages 18-40), though it is open to all who are interested. We currently have 10 spots remaining. Those interested are encouraged to email [ottawayouthjubilee@gmail.com](mailto:ottawayouthjubilee@gmail.com) for full trip and registration details.

**2024 INCOME TAX RECEIPTS** are available at the entrance of the church. If you wish to have your receipt mailed to you, please mail in or drop off a self-addressed stamped envelope. Receipts may also be emailed to you. If you wish an emailed receipt, please send a note to Karen at [office@fatimaparish.ca](mailto:office@fatimaparish.ca), or call the parish office at 613-722-7661 to let us know and confirm your email address. **In addition, please note that this year only, due to the Canada Post postal strike, the Government of Canada is allowing donors to claim January & February, 2025 donations on their 2024 income tax return. Please note that the 2024 tax receipt issued by the end of February will only include donations from January 1 – December 31, 2024. Should you wish an extra tax receipt for donations made this year in January & February, 2025, to claim in 2024, you must contact the parish office.**

*Our Lady of Fatima Parish, dedicated to the Mother of God, seeks to fulfill the call of Jesus to "come follow me", to be true worshippers of the Father through the power of the Holy Spirit, and to love one another as Christ has loved us.*

#### WELCOME NEW PARISHIONERS!

Our warmest regards to all who worship with us today. Whether you are long-time parishioners or newly arrived in our community, you may register your family information here or on our website.

NAME:	
ADDRESS: P. CODE:	
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